

NouriTress In The News

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Great Steam Conditioning Machine

STEAM TREATMENTS

Deep conditioning treatments are the key to optimizing moisture in your hair, and the use of steam (a service you can get in the salon or DIY at home) is a great method.

"Steam treatments [we like **NouriTress** Hair Steamer Conditioning Treatment (\$120, nouritress.com)] give you direct application of H₂O with the manipulation of heat," says Hewitt. To get scientific, "The direct heat from the steamer rearranges the bonds in the hair so that treatments absorb completely," she says. Bottom line: It allows hair to take in treatments more effectively.

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